

FOOTBALL CAMPS

CAMP HEAD COACH: Shawn Olson UBC Thunderbird Head Coach

CAMP COORDINATOR: Paul Orazietti UBC Thunderbird Assistant Coach

To register online please go to www.ubccamps.ca or please call the UBC Camps office at 604-822-6121 / E-mail: ubccamps@interchange.ubc.ca. For additional information on any of our football camps please e-mail the Camp Coordinator Paul Orazietti at pauloraz@interchange.ubc.ca.

Vancouver Island Camp

May 1st & 2nd

Location: Nanaimo, B.C. Venue: Pioneer Park

This elite level football camp will give all players an early start to spring football. Players will receive individual position specific coaching necessary for successful performance. These are full equipment practices and campers must bring their own equipment. The final practice will be a full scrimmage. The UBC coaching staff will be joined by special guests to ensure the highest level of coaching is provided. This camp will include a UBC practice Jersey, awards and prizes. We recommend you bring lots of fluids and food to stay fuelled for the day's events.

<u>DATES</u>	<u>TIME</u>	<u>COST</u>	<u>AGES</u>	<u>COURSE</u>
May 1& 2	10-12pm & 2-4pm	\$125	Juniors (11 - 14)	5244
May 1 & 2	10-12pm & 2-4pm	\$125	Seniors (15 - 18)	5245

* Taxes not included

Best in the West Football Camp - 11-18yrs

JULY 9TH TO 11TH, 2009

Location: UBC - Thunderbird Stadium

This elite level football camp will give all players an early start to the fall season. Players will receive individual position specific coaching necessary for successful performance. This is a full equipment camp and campers must bring their own equipment. It is possible to rent equipment as supplies last. Campers will participate in 3 practices, 2 strength and conditioning sessions and an afternoon scrimmage. Practice jersey, awards, prizes and snacks will be provided. The UBC coaching staff will be joined by special guests to ensure the highest level of coaching is provided.

<u>DATES</u>	<u>TIME</u>	<u>COST</u>	<u>AGES</u>	<u>COURSE</u>
July 9-11	9:30am - 1:00pm	\$150	Juniors (11 - 14)	5246
*July 9-11	2:00pm - 5:30pm	\$150	Seniors (15 - 17)	5247

*taxes not included

- Strength & Conditioning Session Jr: 12:00 – 1:00pm - Sr: 4:30 – 5:30 pm (Fri. & Sat.)

CAMPS FOR 2011

UBC FOOTBALL O-LINE CAMP (Ages 11 - 18)

- Jan 8th 2011 (Sat.)
- Location – UBC - Thunderbird Stadium
- Age Groups JR (11-14) & Sr. (15 – 17)
- Camp description: 2 skill practices & 1 one strength / speed session
- Camp Focus: on positional fundamentals and skill development
- Times : 9:00 – 12: 00 - 1:00 – 3:00 pm
- Shoulder pads helmets only – provided by players
- Cost: \$85.00

UBC FOOTBALL WR/QB CAMP (Ages 11 - 18)

- Jan 8th 2011 (Sat.)
- Location – UBC - Thunderbird Stadium
- Age Groups JR (11-14) & Sr. (15 – 17)
- Camp description: 2 skill practices & 1 one strength / speed session
- Camp Focus: on positional fundamentals and skill development
- Times : 9:00 – 12: 00 - 1:00 – 3:00 pm
- Shoulder pads helmets only – provided by players
- Cost: \$85.00