



**JAY PREPCHUK QUARTERBACK CAMP  
VICTORIA (JUNIOR-AGES 7-12)  
SATURDAY, APRIL 17 , 2010, OAK BAY REC CENTER  
4:00-6:30 PM**

Participants are asked to bring their own football, clean football cleats, and water bottle.  
**NO** football gear necessary.

Topics Covered:

Throwing Mechanics	Footwork
1,2,3 and 5 step Drops	Reading Defenses
Play Action Pass	Running the Option
Throwing on the Run	Hot Passing game
Ball Handling / Faking	

-----Detach this portion-----

**To Register for the VICTORIA (JR/10) camp:**

Complete the following registration form and mail with **\$50.00** registration fee to:

**Power2Perform Ltd. 1060 Ruthina Ave. North Vancouver, B.C V7R 2E6**

Please make cheque payable to: **Power2Perform Ltd.**

Athlete's Name: \_\_\_\_\_

School / Community Program \_\_\_\_\_ Coach \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

**\*\*E-mail:** \_\_\_\_\_

Daytime telephone: \_\_\_\_\_ Grade: \_\_\_\_\_

T-Shirt size: Med \_\_\_\_\_ Large \_\_\_\_\_ X-Large \_\_\_\_\_ XX-Large \_\_\_\_\_

My son / daughter has permission to attend the **Jay Prepchuk Quarterback Camp**. I will be responsible for any medical or other charges in connection with his / her attendance at this camp.

Parent's Signature: \_\_\_\_\_

**PLEASE E-MAIL / PHONE IF YOU ARE ATTENDING [power2perform@telus.net](mailto:power2perform@telus.net) or 604-980-5653**