

Senior Bowl 2016

Practices and Football Sessions:

Senior Bowl Camp is hosted at the BC Lions Facility in Surrey and the game location; TBA..

Tue. March 15	Wed. March 16	Thur. March 17	Fri. March 18	Sat. March 19
10:00am Coaches Meeting (Staff Lunch)	9:00am Offensive/Defensive Meetings 9:30-11:30am Morning Practice	9:00am Offensive/Defensive Meetings 9:30-11:30am Morning Practice	9:00am Offensive/Defensive Meetings 9:30-11:30am Morning Practice	Game Day Location Percy Perry Stadium Coquitlam 10am-1pm Free Admission Kick Off – 10:15am Following Game Awards Ceremony
11:30am-12:30pm Players Check in Head Shot Photos for Program	Lunch (provided for all players and staff)			
12:30- 12:45pm Camp Introductions	12:45pm Offensive/Defensive Meetings	12:45pm Offensive/Defensive Meetings	12:45pm Teams Split Meetings	
12:45-2:45pm Afternoon Practice	1:00-3:00pm Afternoon Practice	1:00-3:00pm Afternoon Practice “Practice with the Pros” BC Lions will join practice	1:00-3:00pm Afternoon Practice Split Meetings	
3:00 – 4:30pm Football Training Workshop by “Game Ready”	3:30 – 4:30pm All Players to attend substance and drug information session	3:30-4:30pm “Football for Life” Guest Speaker	3:15-3:45pm Split Meetings Game Jerseys Distributed	

Substance and Drug Information Session – Understanding that in all post-secondary football competition there is random drug and substance testing

BC Lions Day – Practice with the Pros

Thursday afternoon some of the BC Lions players will be out at practice sharing some tricks of the trade.

Game Day – Selected teams play a competitive game against each other

“Football for Life” – a presentation to encourage all players to pursue their football dreams